

# Palmetto State Pharmaceuticals

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## *Patient Drug Education*

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### **HYDROCORTISONE 1% CREAM**

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#### **USES:**

This medication is used to treat a variety of skin conditions (e.g., eczema, dermatitis, allergies, rash). Hydrocortisone acetate reduces the swelling, itching, and redness that can occur in these types of conditions. This medication is a mild corticosteroid.

#### **HOW TO TAKE THIS MEDICATION:**

**HOW TO USE:** Use this medication on the skin only. However, do not use it on the face, groin, or underarms unless directed to do so by your doctor. Wash and dry your hands before using. Clean and dry the affected area. Apply a small amount of medication to the affected area and gently rub in, usually 2-4 times daily or as directed by your doctor. Do not bandage, cover, or wrap the area unless directed to do so by your doctor. If used in the diaper area on an infant, do not use tight-fitting diapers or plastic pants. After applying the medication, wash your hands. Avoid getting this medication in the eyes, nose, or mouth. If you get the medication in these areas, rinse with plenty of water. Use this medication only for the condition for which it was prescribed. Do not use it for longer than prescribed. Inform your doctor if your condition persists or worsens after 2 weeks.

#### **SIDE EFFECTS:**

Stinging, burning, irritation, dryness, or redness at the application site may occur. Acne, excessive hair growth, "hair bumps" (folliculitis), skin thinning/dyscoloration, or stretch marks may also occur. If any of these effects persist or worsen, notify your doctor or pharmacist promptly. Remember that your doctor has prescribed this medication because he or she has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. A very serious allergic reaction to this drug is rare. However, seek immediate medical attention if you notice any symptoms of a serious allergic reaction, including: rash, itching, swelling, severe dizziness, trouble breathing. If you notice other effects not listed above, contact your doctor or pharmacist.

#### **PRECAUTIONS:**

Before using hydrocortisone acetate, tell your doctor or pharmacist if you are allergic to it; or to other corticosteroids (e.g., prednisone, triamcinolone); or to sulfites; or if you have any other allergies. Before using this medication, tell your doctor or pharmacist your medical history. Do not use if there is an infection or sore in the area to be treated. Skin infections can become worse when this medication is used. Notify your doctor promptly if redness, swelling, or irritation does not improve. Though very unlikely, it is possible this medication will be absorbed into your bloodstream. This may have undesirable consequences that may require additional corticosteroid treatment. This is especially true for children and those who have used this drug for an extended time over most of the skin, especially if they also have serious medical problems such as serious infections, injuries, or surgeries. This precaution applies for up to one year after stopping use of this drug. Tell your doctor immediately if any of the following side effects occur: vision problems, persistent headache, increased thirst/urination, unusual weakness, unusual weight loss, dizziness. Consult your doctor or pharmacist for more details, and inform them that you use or have used this medication. Children may be more sensitive to the effects of too much steroid hormone. Though it is unlikely to occur with corticosteroids applied to the skin, this medication may affect growth in infants and children if used for long periods. Monitor your child's height and rate of growth from time to time. During pregnancy, this medication should be used only when clearly needed. Discuss the risks and benefits with your doctor. It is not known whether this drug passes into breast milk when applied to the skin. Similar medications pass into breast milk when taken by mouth. Consult your doctor before breast-feeding.

#### **DRUG INTERACTIONS:**

Your doctor or pharmacist may already be aware of any possible drug interactions and may be monitoring you for them. Do not start, stop, or change the dosage of any medicine before checking with your doctor or pharmacist first. Before using this medication, tell your doctor or pharmacist of all prescription or nonprescription/herbal products you may use.

#### **NOTES:**

Do not share this medication with others. This medication has been prescribed for your current condition only. Do not use it later for other skin problems unless told to do so by your doctor. A different medication may be necessary in those cases. Laboratory and/or medical tests (e.g., adrenal gland function tests, morning cortisol blood test) may be performed periodically to monitor your progress or check for side effects, especially if you use this drug for 3 weeks or longer, apply it over large areas of the body, or bandage/wrap the treated areas. Consult your doctor for more details. Inform all your doctors that you use or have used this medication.

#### **MISSED DOSE:**

If you miss a dose, use it as soon as you remember. If it is near the time of the next dose, skip the missed dose and resume your usual dosing schedule. Do not double the dose to catch up.

#### **STORAGE:**

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Store at room temperature between 59-86 degrees F (15-30 degrees C) away from light and moisture. Avoid freezing. Do not store in the bathroom. Keep all medicines away from children and pets.