

# Palmetto State Pharmaceuticals

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## *Patient Drug Education*

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### **ORPHENADRINE 100 MG TABLET**

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#### **USES:**

This medication is used to treat pain and discomfort from muscle injuries such as strains, sprains, and spasms. It provides temporary relief and is usually used along with rest, physical therapy, and other treatments (e.g., nonsteroidal anti-inflammatory medication). This medication relaxes tight muscles and relieves pain, cramping, and stiffness so you can move around more and get back to doing your daily activities. Orphenadrine belongs to a class of drugs called muscle relaxants.

#### **HOW TO TAKE THIS MEDICATION:**

**HOW TO USE:** Take this medication by mouth, usually twice daily or as directed by your doctor. Swallow the sustained-release tablets whole. Do not crush, chew, or break the tablets. Doing so can destroy the long action of the drug and may increase side effects. The dosage is based on your medical condition and response to therapy. Do not increase your dose, take it more often, or take it for longer than prescribed. Inform your doctor if your condition does not improve or if it worsens.

#### **SIDE EFFECTS:**

Dizziness, lightheadedness, drowsiness, blurred vision, widened pupils, weakness, headache, nausea, vomiting, constipation, and dry mouth may occur. If any of these effects persist or worsen, tell your doctor or pharmacist promptly. To relieve dry mouth, suck on (sugarless) hard candy or ice chips, chew (sugarless) gum, drink water, or use a saliva substitute. Remember that your doctor has prescribed this medication because he or she has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. Tell your doctor immediately if any of these unlikely but serious side effects occur: mental/mood changes (e.g., confusion, anxiety, hallucinations), shaking, fast/pounding heartbeat, fainting, difficulty urinating, eye pain. A very serious allergic reaction to this drug is rare. However, seek immediate medical attention if you notice any symptoms of a serious allergic reaction, including: rash, itching, swelling, severe dizziness, trouble breathing. If you notice other effects not listed above, contact your doctor or pharmacist.

#### **PRECAUTIONS:**

Before taking orphenadrine, tell your doctor or pharmacist if you are allergic to it; or if you have any other allergies. This medication should not be used if you have certain medical conditions. Before using this medicine, consult your doctor or pharmacist if you have: high pressure in the eye (glaucoma), stomach/intestinal ulcers or blockage, enlarged prostate, bladder problems, a certain esophagus problem (megaesophagus/cardio-spasm), a certain type of muscle disease (myasthenia gravis). Before using this medication, tell your doctor or pharmacist your medical history, especially of: heart problems (e.g., fast heartbeat, irregular heartbeat, heart failure). This drug may make you dizzy or drowsy. Use caution while driving, using machinery, or doing any activity that requires alertness. Limit alcoholic beverages. To minimize dizziness and lightheadedness, get up slowly when rising from a sitting or lying position. The elderly may be more sensitive to the side effects of this drug, especially confusion. During pregnancy, this medication should be used only when clearly needed. Discuss the risks and benefits with your doctor. It is not known whether this drug passes into breast milk. Consult your doctor before breast-feeding.

#### **DRUG INTERACTIONS:**

Your doctor or pharmacist may already be aware of any possible drug interactions and may be monitoring you for them. Do not start, stop, or change the dosage of any medicine before checking with your doctor or pharmacist first. Before using this medication, tell your doctor or pharmacist of all prescription and nonprescription/herbal products you may use, especially of: propoxyphene. Tell your doctor or pharmacist if you also take drugs that cause drowsiness such as: certain antihistamines (e.g., diphenhydramine), anti-seizure drugs (e.g., carbamazepine), medicine for sleep or anxiety (e.g., alprazolam, diazepam, zolpidem), other muscle relaxants, narcotic pain relievers (e.g., codeine), psychiatric medicines (e.g., chlorpromazine, risperidone, amitriptyline, trazodone). Check the labels on all your medicines (e.g., cough-and-cold products) because they may contain drowsiness-causing ingredients. Ask your pharmacist about using those products safely.

#### **NOTES:**

Do not share this medication with others. If you are taking this medication for a long time, laboratory and/or medical tests may be performed periodically to check for side effects. Consult your doctor for more details.

#### **MISSED DOSE:**

If you miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose and resume your usual dosing schedule. Do not double the dose to catch up.

#### **STORAGE:**

Store at room temperature between 59-86 degrees F (15-30 degrees C) away from light and moisture. Do not store in the bathroom. Keep all medicines

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away from children and pets.