

Palmetto State Pharmaceuticals

Patient Drug Education

PHENAVENT LA CAPSULE

USES:

This combination medication is used to treat symptoms (coughing, runny/stuffy nose, congestion) caused by the common cold, allergies, asthma, bronchitis, sinusitis, and other breathing illnesses. This product is usually not used for ongoing cough from smoking or long-term breathing problems (e.g., chronic bronchitis, emphysema) unless directed by your doctor. Guaifenesin belongs to a class of drugs known as expectorants. It works by thinning and loosening mucus in the airways, clearing congestion, and making breathing easier. Phenylephrine belongs to a class of drugs known as decongestants. It causes a narrowing of blood vessels in the nose and sinuses to reduce nasal congestion (stuffy nose).

HOW TO TAKE THIS MEDICATION:

HOW TO USE: Take this medication by mouth with or without food, usually every 12 hours or as directed by your doctor. Do not crush or chew this medication. Tablets may be broken in half if they have lines for breaking (scores). Drink plenty of fluids while taking this medication. Fluids will help to break up mucus and clear congestion. Dosage is based on your medical condition and response to therapy. Use this medication regularly in order to get the most benefit from it. To help you remember, take it at the same times each day. Inform your doctor if your condition persists or worsens after 7 days.

SIDE EFFECTS:

Nausea, stomach upset, nervousness, trouble sleeping, dizziness, or headache may occur. If any of these effects persist or worsen, tell your doctor or pharmacist promptly. Remember that your doctor has prescribed this medication because he or she has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. Tell your doctor immediately if any of these unlikely but serious side effects occur: shaking (tremor), fast/irregular/pounding heartbeat, chest pain, difficult/painful urination, trouble breathing, mental/mood changes (e.g., irritability, confusion, hallucinations). A very serious allergic reaction to this drug is rare. However, seek immediate medical attention if you notice any symptoms of a serious allergic reaction, including: rash, itching, swelling, severe dizziness, trouble breathing. If you notice other effects not listed above, contact your doctor or pharmacist.

PRECAUTIONS:

Before taking this medication, tell your doctor or pharmacist if you are allergic to it; or if you have any other allergies. Also tell your doctor if you are very sensitive to the effects of other sympathomimetics (e.g., pseudoephedrine). Before using this medication, tell your doctor or pharmacist your medical history, especially of: heart problems (e.g., angina, irregular heartbeat), trouble urinating (due to an enlarged prostate), trouble sleeping, cough with large amounts of phlegm, breathing problems (e.g., emphysema, chronic bronchitis, asthma), high blood pressure, overactive thyroid (hyperthyroidism), diabetes, a certain eye problem (narrow-angle glaucoma), seizures. This drug may make you dizzy or lightheaded. Use caution while driving, using machinery, or doing any other activity that requires alertness. Limit alcoholic beverages. Caution is advised when using this drug in the elderly because they may be more sensitive to its effects, especially dizziness, lightheadedness, and confusion. Caution is advised when using this product in children because they may be more sensitive to its effects, especially excitation, agitation, and increased blood pressure. Some sustained-release products are not recommended for children younger than 12 years. Consult your doctor or pharmacist for more details. During pregnancy, this medication should be used only when clearly needed. Discuss the risks and benefits with your doctor. This drug may pass into breast milk and could have undesirable effects on a nursing infant. Therefore, breast-feeding is not recommended while using this drug. Consult your doctor before breast-feeding.

DRUG INTERACTIONS:

Your doctor or pharmacist may already be aware of any possible drug interactions and may be monitoring you for them. Do not start, stop, or change the dosage of any medicine before checking with your doctor or pharmacist first. This drug should not be used with the following medications because very serious interactions may occur: MAO inhibitors (e.g., furazolidone, isocarboxazid, linezolid, moclobemide, phenelzine, procarbazine, rasagiline, selegiline, tranylcypromine). If you are currently using any of these medications listed above, tell your doctor or pharmacist before starting this medication. Avoid taking MAO inhibitors within 2 weeks before, during, and after treatment with this medication. In some cases a serious (possibly fatal) drug interaction may occur. Before using this medication, tell your doctor or pharmacist of all prescription and nonprescription/herbal products you may use, especially of: tricyclic antidepressants (e.g., amitriptyline), beta blockers (e.g., metoprolol, propranolol), digoxin, guanethidine, methyldopa, reserpine. Guaifenesin and phenylephrine are available in both prescription and nonprescription products. Check the labels of all your medications to make sure you are not taking more than one product containing guaifenesin or phenylephrine. Guaifenesin can affect the results of certain lab tests (e.g., urine levels of certain acids). Make sure laboratory personnel and all your doctors know you use this drug.

NOTES:

Do not share this medication with others. This medication is for temporary use only. Do not take this medication for more than 7 days unless your doctor tells you to do so. Tell your doctor if your condition lasts longer than 7 days.

MISSED DOSE:

If you miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose and resume your usual dosing schedule.

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Do not double the dose to catch up.

STORAGE:

Store at room temperature between 59-86 degrees F (15-30 degrees C) away from light and moisture. Do not store in the bathroom. Keep all medicines away from children and pets.