

Palmetto State Pharmaceuticals

Patient Drug Education

PSEUDOEPHEDRINE HCL 30 MG TB

USES:

Pseudoephedrine is used for the temporary relief of nose, sinus, and ear congestion caused by the common cold, allergies, or infection. Pseudoephedrine is called a sympathomimetic and works by decreasing swelling of nose and ear tissues.

HOW TO TAKE THIS MEDICATION:

HOW TO USE: Take this medication by mouth, usually every 6 hours or as directed by your doctor. The dose is based on your age. Follow the specific dosing instructions on the packaging to find the correct dose for your age. Use the dosage cup provided with liquid products or a special medication measuring spoon to make sure you are getting the correct dose. If your symptoms do not improve after 7 days, if they worsen, or if you develop a fever/chills, contact your doctor. Do not take more medication than recommended.

SIDE EFFECTS:

Mild stomach upset, trouble sleeping, dizziness, lightheadedness, headache, nervousness, fast heartbeat, loss of appetite, shaking, or unusual sweating may occur. If any of these effects persist or worsen, notify your doctor or pharmacist promptly. This product may reduce blood flow to your hands and feet, causing them to feel cold. Smoking may worsen this effect. Dress warmly and avoid tobacco use. Remember that your doctor has prescribed this medication because the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. Notify your doctor immediately if any of these unlikely but serious side effects occur: fast irregular heartbeat, severe/uncontrolled shaking, difficulty urinating, decreased sexual ability. Tell your doctor immediately if any of these rare but very serious side effects occur: chest pain, seizures, mental/mood changes (e.g., anxiety, panic, unusual thoughts/behavior). A very serious allergic reaction to this drug is unlikely, but seek immediate medical attention if it occurs. Symptoms of a serious allergic reaction may include: rash, itching, swelling, severe dizziness, trouble breathing. If you notice other effects not listed above, contact your doctor or pharmacist.

PRECAUTIONS:

Before taking pseudoephedrine, tell your doctor or pharmacist if you are allergic to it; or if you have any other allergies. Also tell your doctor if you have had negative reactions to other sympathomimetics (e.g., ephedrine, phenylephrine). This medication should not be used if you have certain medical conditions. Before using this medicine, consult your doctor or pharmacist if you have: severe high blood pressure, heart disease (e.g., severe coronary artery disease, angina, heart failure), certain types of fast heart rhythm problems (e.g., atrial fibrillation/flutter, paroxysmal supraventricular tachycardia-PSVT), a certain slow heart rhythm problem (sinus bradycardia), closed-angle glaucoma, difficulty urinating (e.g., due to enlarged prostate). Before using this medication, tell your doctor or pharmacist your medical history, especially of: stroke, high blood pressure, chest pain (angina), heart attack, mental/mood disorders (e.g., anxiety, bipolar disorder, mania), epilepsy/seizure problems, certain blood vessel problems (e.g., Raynaud's disease, peripheral vascular disease), overactive thyroid (hyperthyroidism), low blood flow to the brain (cerebral insufficiency), diabetes, difficulty sleeping. This drug may make you dizzy or lightheaded; use caution engaging in activities requiring alertness such as driving or using machinery. Limit alcoholic beverages. Caution is advised when using this drug in the elderly because they may be more sensitive to its effects, especially dizziness and lightheadedness. Caution is advised when using this product in infants and children because they may be more sensitive to its side effects, especially excitation, agitation, or increased blood pressure. Some liquid preparations of pseudoephedrine may contain aspartame. If you have phenylketonuria (PKU) or any other condition that requires you to restrict your intake of aspartame (phenylalanine), consult your doctor or pharmacist regarding the safe use of this medicine. This medication should be used only when clearly needed during pregnancy. Discuss the risks and benefits with your doctor. The medication in this product passes into breast milk. However, the amount in breast milk is small, and there are no reports of serious harm to infants. Consult your doctor before breast-feeding.

DRUG INTERACTIONS:

Your healthcare professionals (e.g., doctor or pharmacist) may already be aware of any possible drug interactions and may be monitoring you for it. Do not start, stop or change the dosage of any medicine before checking with them first. This drug should not be used with the following medications because very serious interactions may occur: MAO inhibitors (e.g., furazolidone, isocarboxazid, linezolid, moclobemide, phenelzine, procarbazine, selegiline, tranylcypromine, rasagiline). Avoid taking MAO inhibitors within 2 weeks before, during, and after treatment with pseudoephedrine. In some cases a serious, possibly fatal drug interaction may occur. If you are currently using any of these medications, tell your doctor or pharmacist before starting this product. Before using pseudoephedrine, tell your doctor or pharmacist of all prescription and nonprescription/herbal products you may use, especially of: other decongestants (taken by mouth or sprayed into the nose), products containing caffeine. Pseudoephedrine may decrease the effectiveness of some blood pressure medications (e.g., beta blockers, calcium channel blockers, reserpine, guanethidine, methyl dopa). Pseudoephedrine may worsen the serious side effects of some medications used for migraine headaches (e.g., sumatriptan, naratriptan, zolmitriptan, ergotamine). Consult your pharmacist or doctor for more details.

NOTES:

Do not share this medication with others. This medication is for temporary use only. Do not use for more than 7 days without first consulting your doctor.

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MISSED DOSE:

If you miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose and resume your usual dosing schedule. Do not double the dose to catch up.

STORAGE:

Store at room temperature at 77 degrees F (25 degrees C) away from light and moisture. Do not store in the bathroom. Keep all medicines away from children and pets.